**Directions Getting to Mandala House Retreat Centre (By Car)**  
Our retreat centre, Mandala House, is 12kms (8 miles) from Belturbet in Co. Cavan and 7 miles from Lisnaskea in Co. Fermanagh. We are easy to reach from the cities: you stay on the same road N3 (or M3) all the way up from Dublin to within 5kms of our retreat centre (the turn-off is Teemore). And from Belfast, you're on the M1 and A4 for 90% of the journey to us. Both of these two principal cities in Ireland are less than 90 miles (140kms) away.  
  
From **Dublin**, or the South, take the M3 from Blanchardstown in the direction of Cavan.  
(1) As you approach Cavan Town, take the third exit at the main roundabout following the signs for Enniskillen and Ballyshannon. Stay on this main road and after 14 minutes, you arrive at the Belturbet Roundabout.  
  
(2) Continue on straight taking the 2nd exit here towards Enniskillen. Continue on for **8km**. Take a right turn at Teemore Cross.  
  
(3) The sign says: Lisnaskea 9 - you are now in County Fermanagh and road-signs are in miles. Follow this road for 3 miles going in the direction of Geaglum Quay and Inish Rath Island. Continue on this road to it's conclusion, following the signs to Inish Rath Island. (Just before you come to Geaglum jetty there's an **Inish Rath 1/4 mile sign**). Continue on gravel road towards Inish Rath for 400 metres until you see the sign for Mandala House.  
  
Coming from the North ***(Derry, Donegal, Omagh)*** aim for Enniskillen. The road approaching Enniskillen is the A32. In Enniskillen, aim for Dublin on the Sligo Road (A4). A mile out of town centre take first exit or go left at roundabout following signs for Dublin. 10 miles South of Enniskillen you come to Derrylin. On the other side of this one-street village take a left onto the B127 towards Lisnaskea. After 3 miles look for the Inish Rath Island signs from here. The first sign will have you make a right turn off the B127. Continue on gravel road towards Inish Rath until you see the sign for Mandala House.  
  
  
Coming from the **Belfast** and the East take the M1 which leads onto the A4 in the direction of Enniskillen. 12 miles ***before*** reaching Enniskillen look for the left turn taking you to Lisnaskea. At Lisnaskea there is a primary roundabout beside Lidl Supermarket. Go onto main street here by taking 2nd exit and drive down the road. After 1 minute you come to smaller mini-roundabout (a painted circle) on Main Street and take the right turn taking you towards Derrylin on the B127 road, which you follow for 5 miles. You cross over a first and then a second bridge over the lake (both bridges are approx 100 metres long). Take next turn left and follow signs to Inish Rath from here. Continue on gravel road towards Inish Rath until you see the sign for Mandala House.  
  
Coming from the West***(Sligo)***aim for Enniskillen. Before entering the town take a right (or second exit) at the roundabout and aim for Dublin on the A509 (N3). 10 miles South of Enniskillen you come to Derrylin. On the other side of this one-street village take a left onto the B127 towards Lisnaskea. After 3 miles look for the Inish Rath Island signs from here. The first sign will have you make a right turn off the B127. Continue on gravel road towards Inish Rath until you see the sign for Mandala House.